

The Flavor of our Feelings

What You Will Be Able to Do When You Finish This Center:

- Describe what a metaphor is.
- Use a metaphor to compare a feeling to a type of food.
- Write a poem that expands this metaphor.

What is a metaphor?

A metaphor is a comparison between two people, places, or things that does not use the words like or as.

Examples:

Books are playgrounds for our imaginations.

Words are music to the mind.

Her eyes are diamonds.

He is a snake.

DIRECTIONS

- As you take a small taste of each food in this center, close your eyes and brainstorm some powerful words to describe them.
- Write the words that you come up with for each food in your notebook.
- Think about the feelings that you or the main character in one of your stories experience. Do any of the words that you brainstormed ALSO describe these feelings? Which ones?
- Compare an emotion or feeling to a food, using the words that relate to both.
- Read the example provided below before you write your own descriptive paragraph or poem. You might also choose to include your metaphor in your story.

Example:

Confusion is a pickle. It puckers my mind and twists my tongue.
My words come out all wrong.

Monster Inventory

1. What is your monster's name?
2. Where does your monster live?
3. Who are your monster's relatives?
4. What does your monster like to eat or drink?
5. What does your monster wish for most?
6. What is your monster's greatest fear?

7. What natural event could your monster be responsible for?

The answer is **El Niño** (Spanish for "the child"), which is a big pool of warm water that forms in the Pacific Ocean. El Niño happens once every four to ten winters when strong winds blowing from the northeast push lots of warm Pacific Ocean water together. The water then generates warm air that is whipped into the atmosphere. When the winds stop blowing, the big pool of warm water starts to drift east. El Niño can contribute to flood conditions across North and South America.